



Memorial Sloan Kettering  
Cancer Center

# **BODY-Q©**

## **English Version**



**McMaster**  
University

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## BODY-Q™ - APPEARANCE-RELATED PSYCHOSOCIAL DISTRESS

For each statement circle only one answer. These are statements people might use to describe themselves. With your appearance in mind, how much do you disagree or agree with each statement:

|  | Definitely Disagree | Somewhat Disagree | Somewhat Agree | Definitely Agree |
|--|---------------------|-------------------|----------------|------------------|
| 1. I feel unhappy about how I look.        | 1                   | 2                 | 3              | 4                |
| 2. I feel stressed about how I look.       | 1                   | 2                 | 3              | 4                |
| 3. I feel down about how I look.           | 1                   | 2                 | 3              | 4                |
| 4. I feel anxious when people look at me.  | 1                   | 2                 | 3              | 4                |
| 5. I worry that I don't look normal.       | 1                   | 2                 | 3              | 4                |
| 6. I worry that I am ugly.                 | 1                   | 2                 | 3              | 4                |
| 7. I tend to avoid being around people.    | 1                   | 2                 | 3              | 4                |
| 8. I have little interest in doing things. | 1                   | 2                 | 3              | 4                |

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Note to Investigators: This scale can be used independently of the other scales.

**BODY-Q™ - APPEARANCE-RELATED PSYCHOSOCIAL DISTRESS  
CONVERSION TABLE**

**Instructions:** Higher scores reflect more appearance-related psychosocial distress. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 8         | 0  |
| 9         | 3  |
| 10        | 13   |
| 11        | 20   |
| 12        | 26   |
| 13        | 31   |
| 14        | 35   |
| 15        | 39   |
| 16        | 42   |
| 17        | 45   |
| 18        | 47   |
| 19        | 50   |
| 20        | 52   |
| 21        | 54   |
| 22        | 57   |
| 23        | 59   |
| 24        | 61   |
| 25        | 64   |
| 26        | 67   |
| 27        | 70   |
| 28        | 73   |
| 29        | 77   |
| 30        | 82   |
| 31        | 90   |
| 32        | 100  |

## BODY-Q™ - EXPECTATIONS

For each statement circle only one answer. These are statements people might use to describe how their life will change after a cosmetic procedure. With your appearance in mind, how much do you disagree or agree with each statement:

|  | Definitely Disagree | Somewhat Disagree | Somewhat Agree | Definitely Agree |
|--|---------------------|-------------------|----------------|------------------|
| 1. I will look fantastic.                          | 1                   | 2                 | 3              | 4                |
| 2. People will tell me how great I look.           | 1                   | 2                 | 3              | 4                |
| 3. People close to me will be proud of how I look. | 1                   | 2                 | 3              | 4                |
| 4. I will be transformed.                          | 1                   | 2                 | 3              | 4                |
| 5. Good things will happen to me.                  | 1                   | 2                 | 3              | 4                |
| 6. I will feel like I fit in.                      | 1                   | 2                 | 3              | 4                |
| 7. My close relationships will improve.            | 1                   | 2                 | 3              | 4                |
| 8. New people will want to get to know me.         | 1                   | 2                 | 3              | 4                |

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## BODY-Q™ – EXPECTATIONS CONVERSION TABLE

**Instructions:** Higher scores reflect higher (more unrealistic) expectations. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 8         | 0  |
| 9         | 11   |
| 10        | 18   |
| 11        | 23   |
| 12        | 28   |
| 13        | 32   |
| 14        | 35   |
| 15        | 38   |
| 16        | 40   |
| 17        | 43   |
| 18        | 45   |
| 19        | 47   |
| 20        | 50   |
| 21        | 52   |
| 22        | 54   |
| 23        | 57   |
| 24        | 59   |
| 25        | 62   |
| 26        | 65   |
| 27        | 69   |
| 28        | 73   |
| 29        | 77   |
| 30        | 83   |
| 31        | 90   |
| 32        | 100  |

## BODY-Q™ - BODY IMAGE

For each statement, circle only one answer. With your body in mind, thinking of the past week, how much would you disagree or agree with each statement:

|   | Definitely Disagree | Somewhat Disagree | Somewhat Agree | Definitely Agree |
|---|---------------------|-------------------|----------------|------------------|
| 1. I feel positive towards my body.           | 1                   | 2                 | 3              | 4                |
| 2. My body is not perfect but I like it.      | 1                   | 2                 | 3              | 4                |
| 3. I am happy with my body.                   | 1                   | 2                 | 3              | 4                |
| 4. I am proud of my body.                     | 1                   | 2                 | 3              | 4                |
| 5. I think my body is attractive.             | 1                   | 2                 | 3              | 4                |
| 6. I feel good about my body when I am naked. | 1                   | 2                 | 3              | 4                |
| 7. I have the body I want.                    | 1                   | 2                 | 3              | 4                |

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## BODY-Q™ - BODY IMAGE CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 7         | 0  |
| 8         | 10   |
| 9         | 17   |
| 10        | 22   |
| 11        | 27   |
| 12        | 31   |
| 13        | 35   |
| 14        | 38   |
| 15        | 41   |
| 16        | 44   |
| 17        | 47   |
| 18        | 50   |
| 19        | 54   |
| 20        | 57   |
| 21        | 61   |
| 22        | 65   |
| 23        | 69   |
| 24        | 74   |
| 25        | 79   |
| 26        | 85   |
| 27        | 92   |
| 28        | 100  |

## BODY-Q™ - SOCIAL FUNCTION

For each statement, circle only one answer. With your body in mind, thinking of the past week, how much would you disagree or agree with each statement:

|   | Definitely Disagree | Somewhat Disagree | Somewhat Agree | Definitely Agree |
|---|---------------------|-------------------|----------------|------------------|
| 1. I feel at ease at social gatherings with people I know.                | 1                   | 2                 | 3              | 4                |
| 2. People listen to what I have to say.                                   | 1                   | 2                 | 3              | 4                |
| 3. I feel accepted by people.   | 1                   | 2                 | 3              | 4                |
| 4. I feel included in social situations.                                  | 1                   | 2                 | 3              | 4                |
| 5. I make a good first impression.  | 1                   | 2                 | 3              | 4                |
| 6. I take part in life instead of sitting back.                           | 1                   | 2                 | 3              | 4                |
| 7. It is easy for me to make new friends.                                 | 1                   | 2                 | 3              | 4                |
| 8. I feel confident when I am in group situations (e.g., meetings).       | 1                   | 2                 | 3              | 4                |
| 9. I am relaxed around people that I don't know well.                     | 1                   | 2                 | 3              | 4                |
| 10. I feel confident when I walk into a room full of people I don't know. | 1                   | 2                 | 3              | 4                |

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## BODY-Q™ - SOCIAL FUNCTION CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 13   |
| 12        | 19   |
| 13        | 22   |
| 14        | 25   |
| 15        | 28   |
| 16        | 30   |
| 17        | 32   |
| 18        | 34   |
| 19        | 36   |
| 20        | 38   |
| 21        | 40   |
| 22        | 42   |
| 23        | 44   |
| 24        | 46   |
| 25        | 48   |
| 26        | 50   |
| 27        | 52   |
| 28        | 55   |
| 29        | 57   |
| 30        | 60   |
| 31        | 62   |
| 32        | 65   |
| 33        | 68   |
| 34        | 71   |
| 35        | 74   |
| 36        | 78   |
| 37        | 81   |
| 38        | 86   |
| 39        | 92   |
| 40        | 100  |

## BODY-Q™ - PSYCHOLOGICAL FUNCTION

For each statement, circle only one answer. With your body in mind, thinking of the past week, how much would you disagree or agree with each statement:

|                                  | Definitely Disagree | Somewhat Disagree | Somewhat Agree | Definitely Agree |
|----------------------------------|---------------------|-------------------|----------------|------------------|
| 1. I believe in myself.          | 1                   | 2                 | 3              | 4                |
| 2. I am proud of myself.         | 1                   | 2                 | 3              | 4                |
| 3. I feel happy.                 | 1                   | 2                 | 3              | 4                |
| 4. I like myself.                | 1                   | 2                 | 3              | 4                |
| 5. I am emotionally strong.      | 1                   | 2                 | 3              | 4                |
| 6. I feel in control of my life. | 1                   | 2                 | 3              | 4                |
| 7. I feel confident.             | 1                   | 2                 | 3              | 4                |
| 8. I am accepting of myself.     | 1                   | 2                 | 3              | 4                |
| 9. I am comfortable with myself. | 1                   | 2                 | 3              | 4                |
| 10. I feel great about myself.   | 1                   | 2                 | 3              | 4                |

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## BODY-Q™ - PSYCHOLOGICAL FUNCTION CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 13   |
| 12        | 18   |
| 13        | 22   |
| 14        | 25   |
| 15        | 28   |
| 16        | 30   |
| 17        | 32   |
| 18        | 34   |
| 19        | 36   |
| 20        | 38   |
| 21        | 40   |
| 22        | 42   |
| 23        | 44   |
| 24        | 46   |
| 25        | 48   |
| 26        | 50   |
| 27        | 52   |
| 28        | 55   |
| 29        | 57   |
| 30        | 60   |
| 31        | 62   |
| 32        | 65   |
| 33        | 68   |
| 34        | 71   |
| 35        | 74   |
| 36        | 77   |
| 37        | 81   |
| 38        | 86   |
| 39        | 92   |
| 40        | 100  |

## BODY-Q™ - PHYSICAL FUNCTION

For each question, circle only one answer. With your body in mind, in the past week, how often have you had a problem with the following:

|  | All the time | Often | Sometimes | Never |
|--|--------------|-------|-----------|-------|
| 1. Getting up from a bed?                                  | 1            | 2     | 3         | 4     |
| 2. Bending from side to side?                              | 1            | 2     | 3         | 4     |
| 3. Walking or moving around?                               | 1            | 2     | 3         | 4     |
| 4. Bending over (e.g., to tie your shoes)?                 | 1            | 2     | 3         | 4     |
| 5. Doing moderate exercise (e.g., going for a brisk walk)? | 1            | 2     | 3         | 4     |
| 6. Walking up or down stairs?                              | 1            | 2     | 3         | 4     |
| 7. Standing for a long period of time?                     | 1            | 2     | 3         | 4     |

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## BODY-Q™ - PHYSICAL FUNCTION CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 7         | 0  |
| 8         | 15   |
| 9         | 22   |
| 10        | 26   |
| 11        | 30   |
| 12        | 33   |
| 13        | 36   |
| 14        | 39   |
| 15        | 42   |
| 16        | 44   |
| 17        | 47   |
| 18        | 50   |
| 19        | 52   |
| 20        | 55   |
| 21        | 59   |
| 22        | 62   |
| 23        | 66   |
| 24        | 71   |
| 25        | 76   |
| 26        | 82   |
| 27        | 90   |
| 28        | 100  |

## BODY-Q™ - PHYSICAL SYMPTOMS

For each question, circle only one answer. With your body in mind, in the past week, how often have you experienced the following:

|  | All the time | Often | Sometimes | Never |
|--|--------------|-------|-----------|-------|
| 1. Feeling tired during the day?       | 1            | 2     | 3         | 4     |
| 2. Back pain?                          | 1            | 2     | 3         | 4     |
| 3. Joint pain?                         | 1            | 2     | 3         | 4     |
| 4. Leg pain or discomfort?             | 1            | 2     | 3         | 4     |
| 5. Feeling off balance?                | 1            | 2     | 3         | 4     |
| 6. Feeling weak?                       | 1            | 2     | 3         | 4     |
| 7. Short of breath with mild exercise? | 1            | 2     | 3         | 4     |
| 8. Swollen feet?                       | 1            | 2     | 3         | 4     |
| 9. Skin rash or infection?             | 1            | 2     | 3         | 4     |
| 10. Too much perspiration?             | 1            | 2     | 3         | 4     |

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SCORING: This symptom checklist can be scored by adding items to obtain the total number of symptoms experienced.

## BODY-Q™ - SEXUAL FUNCTION

For each statement, circle only one answer. With your body in mind, how much would you disagree or agree with each statement:

|  | Definitely Disagree | Somewhat Disagree | Somewhat Agree | Definitely Agree |
|--|---------------------|-------------------|----------------|------------------|
| 1. Sex is fulfilling for me.                           | 1                   | 2                 | 3              | 4                |
| 2. I am comfortable undressing in front of my partner. | 1                   | 2                 | 3              | 4                |
| 3. I am satisfied with my sex life.                    | 1                   | 2                 | 3              | 4                |
| 4. I am comfortable having the lights on during sex.   | 1                   | 2                 | 3              | 4                |
| 5. I feel sexually attractive when I am undressed.     | 1                   | 2                 | 3              | 4                |

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## BODY-Q™ - SEXUAL FUNCTION CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 5         | 0  |
| 6         | 18   |
| 7         | 26   |
| 8         | 31   |
| 9         | 35   |
| 10        | 39   |
| 11        | 43   |
| 12        | 47   |
| 13        | 51   |
| 14        | 54   |
| 15        | 58   |
| 16        | 63   |
| 17        | 68   |
| 18        | 75   |
| 19        | 86   |
| 20        | 100  |



## BODY-Q™ - SATISFACTION WITH ABDOMEN

For each question, circle only one answer. With your abdomen (i.e., your belly or tummy area) in mind, in the past week, how dissatisfied or satisfied have you been with:

|  | Very<br>Dissatisfied | Somewhat<br>Dissatisfied | Somewhat<br>Satisfied | Very<br>Satisfied |
|--|----------------------|--------------------------|-----------------------|-------------------|
| 1. How your <u>clothes fit</u> your abdomen?                         | 1                    | 2                        | 3                     | 4                 |
| 2. The <u>size</u> of your abdomen?                                  | 1                    | 2                        | 3                     | 4                 |
| 3. How your abdomen looks from the <u>side</u> (i.e., profile view)? | 1                    | 2                        | 3                     | 4                 |
| 4. The <u>shape</u> of your abdomen?                                 | 1                    | 2                        | 3                     | 4                 |
| 5. How your abdomen looks in a <u>swimsuit</u> ?                     | 1                    | 2                        | 3                     | 4                 |
| 6. How <u>toned</u> your abdomen looks?                              | 1                    | 2                        | 3                     | 4                 |
| 7. How your abdomen looks when you are <u>naked</u> ?                | 1                    | 2                        | 3                     | 4                 |

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## BODY-Q™ - SATISFACTION WITH ABDOMEN CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 7         | 0  |
| 8         | 7  |
| 9         | 14   |
| 10        | 19   |
| 11        | 23   |
| 12        | 28   |
| 13        | 32   |
| 14        | 35   |
| 15        | 39   |
| 16        | 43   |
| 17        | 46   |
| 18        | 50   |
| 19        | 55   |
| 20        | 60   |
| 21        | 65   |
| 22        | 70   |
| 23        | 74   |
| 24        | 78   |
| 25        | 82   |
| 26        | 87   |
| 27        | 93   |
| 28        | 100  |

## BODY-Q™ - SATISFACTION WITH BACK

For each question, circle only one answer. With your back in mind, in the past week, how dissatisfied or satisfied have you been with:

|   | Very Dissatisfied | Somewhat Dissatisfied | Somewhat Satisfied | Very Satisfied |
|---|-------------------|-----------------------|--------------------|----------------|
| 1. How <u>smooth</u> your back looks?                 | 1                 | 2                     | 3                  | 4              |
| 2. How your back looks from different <u>angles</u> ? | 1                 | 2                     | 3                  | 4              |
| 3. How <u>toned</u> your back looks?                  | 1                 | 2                     | 3                  | 4              |
| 4. How your back looks when you are <u>naked</u> ?    | 1                 | 2                     | 3                  | 4              |

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## BODY-Q™ - SATISFACTION WITH BACK CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 4         | 0  |
| 5         | 8  |
| 6         | 15   |
| 7         | 22   |
| 8         | 33   |
| 9         | 42   |
| 10        | 48   |
| 11        | 54   |
| 12        | 66   |
| 13        | 81   |
| 14        | 87   |
| 15        | 94   |
| 16        | 100  |

## BODY-Q™ - SATISFACTION WITH BODY

For each question, circle only one answer. With your entire body in mind, in the past week, how dissatisfied or satisfied have you been with:

|   | Very<br>Dissatisfied | Somewhat<br>Dissatisfied | Somewhat<br>Satisfied | Very<br>Satisfied |
|---|----------------------|--------------------------|-----------------------|-------------------|
| 1. How your body looks when you are <u>dressed</u> ?                      | 1                    | 2                        | 3                     | 4                 |
| 2. How your <u>clothes fit</u> your body?                                 | 1                    | 2                        | 3                     | 4                 |
| 3. The <u>size</u> (i.e., weight) of your body?                           | 1                    | 2                        | 3                     | 4                 |
| 4. The <u>shape</u> of your body?   | 1                    | 2                        | 3                     | 4                 |
| 5. How your body looks in <u>photos</u> ?                                 | 1                    | 2                        | 3                     | 4                 |
| 6. How your body looks from <u>behind</u> ?                               | 1                    | 2                        | 3                     | 4                 |
| 7. How your body looks from the <u>side</u> (i.e., profile view)?         | 1                    | 2                        | 3                     | 4                 |
| 8. How your body looks in <u>summer clothes</u> (e.g., shorts, t-shirts)? | 1                    | 2                        | 3                     | 4                 |
| 9. How your body looks in a <u>swimsuit</u> ?                             | 1                    | 2                        | 3                     | 4                 |
| 10. How your body looks in the mirror <u>unclothed</u> ?                  | 1                    | 2                        | 3                     | 4                 |

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## BODY-Q™ - SATISFACTION WITH BODY CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 11   |
| 12        | 16   |
| 13        | 20   |
| 14        | 23   |
| 15        | 26   |
| 16        | 29   |
| 17        | 31   |
| 18        | 33   |
| 19        | 36   |
| 20        | 38   |
| 21        | 40   |
| 22        | 42   |
| 23        | 44   |
| 24        | 46   |
| 25        | 49   |
| 26        | 51   |
| 27        | 53   |
| 28        | 56   |
| 29        | 58   |
| 30        | 61   |
| 31        | 64   |
| 32        | 66   |
| 33        | 69   |
| 34        | 72   |
| 35        | 75   |
| 36        | 78   |
| 37        | 82   |
| 38        | 87   |
| 39        | 92   |
| 40        | 100  |

## BODY-Q™ - SATISFACTION WITH BUTTOCKS

For each question, circle only one answer. With your buttocks (i.e., bum) in mind, in the past week, how dissatisfied or satisfied have you been with:

|  | Very Dissatisfied | Somewhat Dissatisfied | Somewhat Satisfied | Very Satisfied |
|--|-------------------|-----------------------|--------------------|----------------|
| 1. The <u>size</u> of your buttocks?                                 | 1                 | 2                     | 3                  | 4              |
| 2. How your buttocks look from the <u>side</u> (i.e., profile view)? | 1                 | 2                     | 3                  | 4              |
| 3. The <u>shape</u> of your buttocks?                                | 1                 | 2                     | 3                  | 4              |
| 4. How <u>smooth</u> your buttocks look?                             | 1                 | 2                     | 3                  | 4              |
| 5. How the <u>skin</u> on your buttocks looks?                       | 1                 | 2                     | 3                  | 4              |

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - SATISFACTION WITH BUTTOCKS CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 5         | 0  |
| 6         | 13   |
| 7         | 19   |
| 8         | 24   |
| 9         | 29   |
| 10        | 33   |
| 11        | 38   |
| 12        | 43   |
| 13        | 48   |
| 14        | 54   |
| 15        | 63   |
| 16        | 73   |
| 17        | 80   |
| 18        | 86   |
| 19        | 93   |
| 20        | 100  |





## BODY-Q™ CHEST MODULE - SATISFACTION WITH CHEST

These questions ask about how your **CHEST (breast area)** looks. **NOTE:** If your CHEST (breast area) looks different on each side, answer the questions thinking about the side you are least satisfied with.

With your CHEST (breast area) in mind, in the PAST WEEK, how dissatisfied or satisfied have you been with:

|  | Very Dissatisfied | Somewhat Dissatisfied | Somewhat Satisfied | Very Satisfied |
|--|-------------------|-----------------------|--------------------|----------------|
| 1. How your CHEST (breast area) looks in a <u>loose</u> T-shirt?   | 1                 | 2                     | 3                  | 4              |
| 2. How your CHEST (breast area) looks when you lie on your back?   | 1                 | 2                     | 3                  | 4              |
| 3. How <u>flat</u> your CHEST (breast area) looks when you <u>stand up straight</u> ?                      | 1                 | 2                     | 3                  | 4              |
| 4. How <u>masculine</u> your CHEST (breast area) looks?  | 1                 | 2                     | 3                  | 4              |
| 5. How your CHEST (breast area) looks when you are <u>active</u> (e.g., run or jump)?                      | 1                 | 2                     | 3                  | 4              |
| 6. How your CHEST (breast area) looks in a <u>snug</u> T-shirt?  | 1                 | 2                     | 3                  | 4              |
| 7. The <u>shape</u> of your CHEST (breast area) <u>without</u> a shirt on?                                 | 1                 | 2                     | 3                  | 4              |
| 8. How your CHEST (breast area) looks when you <u>bend over</u> ?  | 1                 | 2                     | 3                  | 4              |
| 9. How your CHEST (breast area) looks from the <u>side</u> (i.e., profile view) <u>without</u> a shirt on? | 1                 | 2                     | 3                  | 4              |
| 10. How your CHEST (breast area) looks in the <u>mirror without</u> a shirt on?                            | 1                 | 2                     | 3                  | 4              |

**If you have had surgery on your CHEST (breast area), please answer the following question:**

|   |   |   |   |   |
|---|---|---|---|---|
| 1. How the <u>scars</u> from your surgery look? | 1 | 2 | 3 | 4 |
|---|---|---|---|---|

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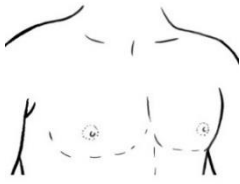
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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ CHEST MODULE - SATISFACTION WITH CHEST CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. The scar item is not included in the scoring. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 9  |
| 12        | 15   |
| 13        | 19   |
| 14        | 23   |
| 15        | 26   |
| 16        | 28   |
| 17        | 31   |
| 18        | 33   |
| 19        | 35   |
| 20        | 38   |
| 21        | 40   |
| 22        | 42   |
| 23        | 44   |
| 24        | 46   |
| 25        | 49   |
| 26        | 51   |
| 27        | 54   |
| 28        | 56   |
| 29        | 59   |
| 30        | 61   |
| 31        | 64   |
| 32        | 67   |
| 33        | 70   |
| 34        | 73   |
| 35        | 76   |
| 36        | 79   |
| 37        | 83   |
| 38        | 87   |
| 39        | 93   |
| 40        | 100  |



## BODY-Q™ CHEST MODULE - SATISFACTION WITH NIPPLES

These questions ask about how your **NIPPLES** look. **NOTE:** If your nipples look different from each other, answer the questions thinking about the nipple you are least satisfied with.

For each question, circle only one answer. With your **NIPPLES** in mind, in the past week, how dissatisfied or satisfied have you been with:

|  | Very Dissatisfied | Somewhat Dissatisfied | Somewhat Satisfied | Very Satisfied |
|--|-------------------|-----------------------|--------------------|----------------|
| 1. The <u>shape</u> of your nipples?                         | 1                 | 2                     | 3                  | 4              |
| 2. The <u>size</u> of your nipples?                          | 1                 | 2                     | 3                  | 4              |
| 3. How <u>flat</u> your nipples look?                        | 1                 | 2                     | 3                  | 4              |
| 4. How much your nipples show through a <u>snug</u> T-shirt? | 1                 | 2                     | 3                  | 4              |
| 5. How your nipples look <u>without</u> a shirt on?          | 1                 | 2                     | 3                  | 4              |

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ CHEST MODULE - SATISFACTION WITH NIPPLES CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 5         | 0  |
| 6         | 14   |
| 7         | 21   |
| 8         | 27   |
| 9         | 32   |
| 10        | 36   |
| 11        | 41   |
| 12        | 45   |
| 13        | 50   |
| 14        | 56   |
| 15        | 62   |
| 16        | 68   |
| 17        | 75   |
| 18        | 82   |
| 19        | 90   |
| 20        | 100  |

## BODY-Q™ - SATISFACTION WITH UPPER ARMS

For each question, circle only one answer. With your upper arms in mind, in the past week, how dissatisfied or satisfied have you been with:

|   | Very<br>Dissatisfied | Somewhat<br>Dissatisfied | Somewhat<br>Satisfied | Very<br>Satisfied |
|---|----------------------|--------------------------|-----------------------|-------------------|
| 1. The <u>size</u> of your upper arms?  | 1                    | 2                        | 3                     | 4                 |
| 2. How <u>smooth</u> your upper arms look?  | 1                    | 2                        | 3                     | 4                 |
| 3. The <u>shape</u> of your upper arms?   | 1                    | 2                        | 3                     | 4                 |
| 4. How the <u>skin</u> on your upper arms looks?  | 1                    | 2                        | 3                     | 4                 |
| 5. How <u>toned</u> your upper arms look?   | 1                    | 2                        | 3                     | 4                 |
| 6. How your upper arms look when you <u>lift them up</u> ?                                  | 1                    | 2                        | 3                     | 4                 |
| 7. How your upper arms look when they are <u>not covered</u> (e.g., in a sleeveless shirt)? | 1                    | 2                        | 3                     | 4                 |

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - SATISFACTION WITH UPPER ARMS CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 7         | 0  |
| 8         | 10   |
| 9         | 15   |
| 10        | 20   |
| 11        | 24   |
| 12        | 28   |
| 13        | 32   |
| 14        | 35   |
| 15        | 39   |
| 16        | 42   |
| 17        | 46   |
| 18        | 50   |
| 19        | 54   |
| 20        | 59   |
| 21        | 64   |
| 22        | 69   |
| 23        | 74   |
| 24        | 78   |
| 25        | 82   |
| 26        | 87   |
| 27        | 93   |
| 28        | 100  |

## BODY-Q™ - SATISFACTION WITH INNER THIGHS

For each question, circle only one answer. With your inner thighs in mind, in the past week, how dissatisfied or satisfied have you been with:

|   | Very Dissatisfied | Somewhat Dissatisfied | Somewhat Satisfied | Very Satisfied |
|---|-------------------|-----------------------|--------------------|----------------|
| 1. How <u>smooth</u> your inner thighs look?              | 1                 | 2                     | 3                  | 4              |
| 2. How the <u>skin</u> on your inner thighs looks?        | 1                 | 2                     | 3                  | 4              |
| 3. How <u>toned</u> your inner thighs look?               | 1                 | 2                     | 3                  | 4              |
| 4. How your inner thighs look when you are <u>naked</u> ? | 1                 | 2                     | 3                  | 4              |

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - SATISFACTION WITH INNER THIGHS CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 4         | 0  |
| 5         | 9  |
| 6         | 16   |
| 7         | 23   |
| 8         | 33   |
| 9         | 43   |
| 10        | 49   |
| 11        | 56   |
| 12        | 66   |
| 13        | 77   |
| 14        | 84   |
| 15        | 92   |
| 16        | 100  |



## BODY-Q™ - SATISFACTION WITH HIPS AND OUTER THIGHS

For each question, circle only one answer. With your hips and outer thighs in mind, in the past week, how dissatisfied or satisfied have you been with:

|   | Very<br>Dissatisfied | Somewhat<br>Dissatisfied | Somewhat<br>Satisfied | Very<br>Satisfied |
|---|----------------------|--------------------------|-----------------------|-------------------|
| 1. The <u>size</u> of your hips and outer thighs?           | 1                    | 2                        | 3                     | 4                 |
| 2. The <u>shape</u> of your hips and outer thighs?          | 1                    | 2                        | 3                     | 4                 |
| 3. How the <u>skin</u> on your hips and outer thighs looks? | 1                    | 2                        | 3                     | 4                 |
| 4. How <u>smooth</u> your hips and outer thighs look?       | 1                    | 2                        | 3                     | 4                 |
| 5. How your hips and outer thighs look from <u>behind</u> ? | 1                    | 2                        | 3                     | 4                 |

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - SATISFACTION WITH HIPS & OUTER THIGHS CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 5         | 0  |
| 6         | 12   |
| 7         | 17   |
| 8         | 22   |
| 9         | 27   |
| 10        | 33   |
| 11        | 39   |
| 12        | 44   |
| 13        | 49   |
| 14        | 55   |
| 15        | 65   |
| 16        | 75   |
| 17        | 81   |
| 18        | 86   |
| 19        | 93   |
| 20        | 100  |

## BODY-Q™ - APPRAISAL OF EXCESS SKIN

For each question, circle only one answer. With your excess skin in mind, in the past week, how much have you been bothered by:

|  | Extremely<br>Bothered | Moderately<br>Bothered | A Little<br>Bothered | Not at all<br>Bothered |
|--|-----------------------|------------------------|----------------------|------------------------|
| 1. Your excess skin making you look <u>bigger</u> than you are (i.e., overweight)? | 1                     | 2                      | 3                    | 4                      |
| 2. Having to dress in a way to <u>hide</u> your excess skin?                       | 1                     | 2                      | 3                    | 4                      |
| 3. Not being able to wear <u>certain clothes</u> because of your excess skin?      | 1                     | 2                      | 3                    | 4                      |
| 4. How much your excess skin <u>hangs</u> ?  | 1                     | 2                      | 3                    | 4                      |
| 5. The <u>amount</u> of excess skin you have?                                      | 1                     | 2                      | 3                    | 4                      |
| 6. <u>People seeing</u> your excess skin?  | 1                     | 2                      | 3                    | 4                      |
| 7. How your excess skin looks when you are <u>naked</u> ?                          | 1                     | 2                      | 3                    | 4                      |

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - APPRAISAL OF EXCESS SKIN CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 7         | 0  |
| 8         | 12   |
| 9         | 19   |
| 10        | 24   |
| 11        | 28   |
| 12        | 32   |
| 13        | 35   |
| 14        | 38   |
| 15        | 41   |
| 16        | 44   |
| 17        | 47   |
| 18        | 50   |
| 19        | 53   |
| 20        | 57   |
| 21        | 60   |
| 22        | 64   |
| 23        | 68   |
| 24        | 73   |
| 25        | 77   |
| 26        | 83   |
| 27        | 90   |
| 28        | 100  |

## BODY-Q™ – APPRAISAL OF STRETCH MARKS

For each question, circle only one answer. With your stretch marks in mind, in the past week, how much have you been bothered by:

|   | Extremely Bothered | Moderately Bothered | A Little Bothered | Not at all Bothered |
|---|--------------------|---------------------|-------------------|---------------------|
| 1. Not being able to wear <u>certain clothes</u> because of your stretch marks? | 1                  | 2                   | 3                 | 4                   |
| 2. How <u>wide</u> your stretch marks are?                                      | 1                  | 2                   | 3                 | 4                   |
| 3. Having to dress in a way to <u>hide</u> your stretch marks?                  | 1                  | 2                   | 3                 | 4                   |
| 4. The <u>length</u> of your stretch marks?                                     | 1                  | 2                   | 3                 | 4                   |
| 5. The <u>location</u> of your stretch marks (where they are on your body)?     | 1                  | 2                   | 3                 | 4                   |
| 6. How <u>old</u> your stretch marks make your body look?                       | 1                  | 2                   | 3                 | 4                   |
| 7. How <u>noticeable</u> your stretch marks are?                                | 1                  | 2                   | 3                 | 4                   |
| 8. The <u>amount</u> of stretch marks you have?                                 | 1                  | 2                   | 3                 | 4                   |
| 9. <u>People seeing</u> your stretch marks?                                     | 1                  | 2                   | 3                 | 4                   |
| 10. How your stretch marks look <u>up close</u> ?                               | 1                  | 2                   | 3                 | 4                   |

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - APPRAISAL OF STRETCH MARKS CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 9  |
| 12        | 15   |
| 13        | 19   |
| 14        | 23   |
| 15        | 26   |
| 16        | 29   |
| 17        | 31   |
| 18        | 34   |
| 19        | 36   |
| 20        | 39   |
| 21        | 41   |
| 22        | 43   |
| 23        | 45   |
| 24        | 47   |
| 25        | 49   |
| 26        | 51   |
| 27        | 53   |
| 28        | 56   |
| 29        | 58   |
| 30        | 61   |
| 31        | 63   |
| 32        | 66   |
| 33        | 69   |
| 34        | 72   |
| 35        | 75   |
| 36        | 78   |
| 37        | 82   |
| 38        | 86   |
| 39        | 92   |
| 40        | 100  |

## BODY-Q™ - APPRAISAL OF BODY CONTOURING SCARS

For each question, circle only one answer. With your body contouring scars in mind, in the past week, how much have you been bothered by:

|  | Extremely Bothered | Moderately Bothered | A Little Bothered | Not at all Bothered |
|--|--------------------|---------------------|-------------------|---------------------|
| 1. Having to dress in a way to <u>hide</u> your scars?               | 1                  | 2                   | 3                 | 4                   |
| 2. How <u>wide</u> your scars look?                                  | 1                  | 2                   | 3                 | 4                   |
| 3. <u>Location</u> of your scars?                                    | 1                  | 2                   | 3                 | 4                   |
| 4. The <u>length</u> of your scars?                                  | 1                  | 2                   | 3                 | 4                   |
| 5. How <u>noticeable</u> your scars are?                             | 1                  | 2                   | 3                 | 4                   |
| 6. The <u>color</u> of your scars?                                   | 1                  | 2                   | 3                 | 4                   |
| 7. How <u>thick</u> your scars look (i.e., raised or bumpy)?         | 1                  | 2                   | 3                 | 4                   |
| 8. Your scars looking <u>crooked</u> (i.e., not in a straight line)? | 1                  | 2                   | 3                 | 4                   |
| 9. <u>People seeing</u> your scars?                                  | 1                  | 2                   | 3                 | 4                   |
| 10. How your scars look when they are <u>not covered</u> by clothes? | 1                  | 2                   | 3                 | 4                   |

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - APPRAISAL OF BODY CONTOURING SCARS CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw summed scale score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 10   |
| 12        | 18   |
| 13        | 23   |
| 14        | 26   |
| 15        | 30   |
| 16        | 32   |
| 17        | 35   |
| 18        | 37   |
| 19        | 39   |
| 20        | 41   |
| 21        | 43   |
| 22        | 45   |
| 23        | 46   |
| 24        | 48   |
| 25        | 50   |
| 26        | 51   |
| 27        | 53   |
| 28        | 55   |
| 29        | 57   |
| 30        | 59   |
| 31        | 61   |
| 32        | 63   |
| 33        | 65   |
| 34        | 68   |
| 35        | 71   |
| 36        | 74   |
| 37        | 78   |
| 38        | 83   |
| 39        | 90   |
| 40        | 100  |



## BODY-Q™ - SATISFACTION WITH INFORMATION

For each question, circle only one answer. These questions ask about information you received from your medical team (e.g., surgeon, nurse, office staff) about your most recent procedure. How satisfied or dissatisfied were you with the information you received in relation to the following:

|  | Very<br>Dissatisfied | Somewhat<br>Dissatisfied | Somewhat<br>Satisfied | Very<br>Satisfied |
|--|----------------------|--------------------------|-----------------------|-------------------|
| 1. How well your questions were answered?                      | 1                    | 2                        | 3                     | 4                 |
| 2. The amount of written information they gave you to read?    | 1                    | 2                        | 3                     | 4                 |
| 3. The activities you should avoid during your recovery?       | 1                    | 2                        | 3                     | 4                 |
| 4. How the surgery would be done?                              | 1                    | 2                        | 3                     | 4                 |
| 5. The amount of time it would take to heal and recover?       | 1                    | 2                        | 3                     | 4                 |
| 6. Options for how the surgery could be done?                  | 1                    | 2                        | 3                     | 4                 |
| 7. The kinds of complications that could happen?               | 1                    | 2                        | 3                     | 4                 |
| 8. What other patients like you experience after surgery?      | 1                    | 2                        | 3                     | 4                 |
| 9. How long it would take for you to feel like yourself again? | 1                    | 2                        | 3                     | 4                 |
| 10. How much pain you might feel during your recovery?         | 1                    | 2                        | 3                     | 4                 |

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NOTE: “surgery” can be replaced with “procedure” and “surgeon” can be replaced with “doctor”

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - SATISFACTION WITH INFORMATION CONVERSION TABLE

**Instructions:** Items 3, 6, 7, 10 are rescored as follows: “Very Dissatisfied” = 1; “Somewhat Dissatisfied” = 1”; “Somewhat Satisfied” = 2; “Very Satisfied” = 3. Other items are scored as 1, 2, 3, 4. Higher scores reflect a better outcome. If missing data is less than 50% of the scale’s items, insert the mean of the completed items. Use the Conversion Table below to convert the raw scale summed score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 14   |
| 12        | 20   |
| 13        | 24   |
| 14        | 28   |
| 15        | 31   |
| 16        | 33   |
| 17        | 36   |
| 18        | 38   |
| 19        | 40   |
| 20        | 42   |
| 21        | 44   |
| 22        | 46   |
| 23        | 48   |
| 24        | 50   |
| 25        | 53   |
| 26        | 55   |
| 27        | 57   |
| 28        | 60   |
| 29        | 63   |
| 30        | 66   |
| 31        | 69   |
| 32        | 73   |
| 33        | 77   |
| 34        | 83   |
| 35        | 90   |
| 36        | 100  |

## BODY-Q™ - SATISFACTION WITH DOCTOR/SURGEON

For each question, circle only one answer. These questions ask about the surgeon who did your most recent procedure. Did you feel that he/she:

|  | Definitely Disagree | Somewhat Disagree | Somewhat Agree | Definitely Agree |
|--|---------------------|-------------------|----------------|------------------|
| 1. Acted in a professional manner?                     | 1                   | 2                 | 3              | 4                |
| 2. Talked to you in a way that was easy to understand? | 1                   | 2                 | 3              | 4                |
| 3. Answered all your questions?                        | 1                   | 2                 | 3              | 4                |
| 4. Treated you with respect?                           | 1                   | 2                 | 3              | 4                |
| 5. Made you feel comfortable?                          | 1                   | 2                 | 3              | 4                |
| 6. Involved you in the decisions about your treatment? | 1                   | 2                 | 3              | 4                |
| 7. Listened to you and understood your concerns?       | 1                   | 2                 | 3              | 4                |
| 8. Helped you figure out what was best for you?        | 1                   | 2                 | 3              | 4                |
| 9. Was available when you had concerns?                | 1                   | 2                 | 3              | 4                |
| 10. Spent enough time with you?                        | 1                   | 2                 | 3              | 4                |

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NOTE: “surgeon” can be replaced with “doctor”

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - SATISFACTION WITH DOCTOR/SURGEON CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw scale summed score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 15   |
| 12        | 20   |
| 13        | 24   |
| 14        | 27   |
| 15        | 29   |
| 16        | 31   |
| 17        | 33   |
| 18        | 35   |
| 19        | 37   |
| 20        | 39   |
| 21        | 41   |
| 22        | 42   |
| 23        | 44   |
| 24        | 46   |
| 25        | 48   |
| 26        | 50   |
| 27        | 52   |
| 28        | 54   |
| 29        | 56   |
| 30        | 58   |
| 31        | 61   |
| 32        | 63   |
| 33        | 66   |
| 34        | 69   |
| 35        | 73   |
| 36        | 77   |
| 37        | 81   |
| 38        | 86   |
| 39        | 92   |
| 40        | 100  |

## BODY-Q™ - SATISFACTION WITH MEDICAL TEAM

For each question, circle only one answer. These questions ask about members of the medical team other than your surgeon (e.g., nurses, other doctors) who helped you during your most recent procedure. Did you feel that they:

|   | Definitely Disagree | Somewhat Disagree | Somewhat Agree | Definitely Agree |
|---|---------------------|-------------------|----------------|------------------|
| 1. Made sure to protect your privacy?     | 1                   | 2                 | 3              | 4                |
| 2. Were friendly and kind?                | 1                   | 2                 | 3              | 4                |
| 3. Treated you with respect?              | 1                   | 2                 | 3              | 4                |
| 4. Answered all your questions?           | 1                   | 2                 | 3              | 4                |
| 5. Were easy to talk to?                  | 1                   | 2                 | 3              | 4                |
| 6. Were attentive to your needs?          | 1                   | 2                 | 3              | 4                |
| 7. Were thorough?                         | 1                   | 2                 | 3              | 4                |
| 8. Worked together as a team?             | 1                   | 2                 | 3              | 4                |
| 9. Were knowledgeable?                    | 1                   | 2                 | 3              | 4                |
| 10. Were available when you had concerns? | 1                   | 2                 | 3              | 4                |

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NOTE: “surgeon” can be replaced with “doctor”

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - SATISFACTION WITH MEDICAL TEAM CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw scale summed score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 12   |
| 12        | 17   |
| 13        | 21   |
| 14        | 24   |
| 15        | 27   |
| 16        | 29   |
| 17        | 31   |
| 18        | 34   |
| 19        | 36   |
| 20        | 38   |
| 21        | 40   |
| 22        | 42   |
| 23        | 44   |
| 24        | 46   |
| 25        | 48   |
| 26        | 50   |
| 27        | 53   |
| 28        | 55   |
| 29        | 58   |
| 30        | 61   |
| 31        | 64   |
| 32        | 66   |
| 33        | 69   |
| 34        | 72   |
| 35        | 75   |
| 36        | 78   |
| 37        | 82   |
| 38        | 86   |
| 39        | 92   |
| 40        | 100  |

## BODY-Q™ - SATISFACTION WITH OFFICE STAFF

For each question, circle only one answer. These questions ask about members of the office staff (e.g., secretaries, receptionists) who helped you during your most recent procedure. Did you feel that they:

|   | Definitely Disagree | Somewhat Disagree | Somewhat Agree | Definitely Agree |
|---|---------------------|-------------------|----------------|------------------|
| 1. Treated you with respect?              | 1                   | 2                 | 3              | 4                |
| 2. Made you feel comfortable?             | 1                   | 2                 | 3              | 4                |
| 3. Were knowledgeable?                    | 1                   | 2                 | 3              | 4                |
| 4. Were attentive to your needs?          | 1                   | 2                 | 3              | 4                |
| 5. Were thorough?                         | 1                   | 2                 | 3              | 4                |
| 6. Worked together as a team?             | 1                   | 2                 | 3              | 4                |
| 7. Welcomed you at the front desk?        | 1                   | 2                 | 3              | 4                |
| 8. Were caring?                           | 1                   | 2                 | 3              | 4                |
| 9. Answered all your questions?           | 1                   | 2                 | 3              | 4                |
| 10. Were available when you had concerns? | 1                   | 2                 | 3              | 4                |

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Note to Investigators: This scale can be used independently of the other scales.

## BODY-Q™ - SATISFACTION WITH OFFICE STAFF CONVERSION TABLE

**Instructions:** Higher scores reflect a better outcome. If missing data is less than 50% of the scale's items, insert the mean of the completed items. Use the Conversion Table below to convert the raw scale summed score into a score from 0 (worst) to 100 (best).

| SUM SCORE | EQUIVALENT RASCH TRANSFORMED SCORE (0-100) |
|-----------|--|
| 10        | 0  |
| 11        | 13   |
| 12        | 18   |
| 13        | 22   |
| 14        | 25   |
| 15        | 27   |
| 16        | 30   |
| 17        | 32   |
| 18        | 33   |
| 19        | 35   |
| 20        | 37   |
| 21        | 39   |
| 22        | 41   |
| 23        | 43   |
| 24        | 45   |
| 25        | 47   |
| 26        | 49   |
| 27        | 52   |
| 28        | 54   |
| 29        | 57   |
| 30        | 60   |
| 31        | 63   |
| 32        | 66   |
| 33        | 69   |
| 34        | 72   |
| 35        | 75   |
| 36        | 79   |
| 37        | 82   |
| 38        | 87   |
| 39        | 92   |
| 40        | 100  |